## Flu Vaccine Update

26 Mar 2025



Don't wait, vaccinate! Protect yourself and your loved ones from the flu this season with the 2025 Influvac Tetra vaccine.

Your trusted medical centre is ready to serve you at a time that fits your schedule.

Book your flu shot today!

Who's eligible for a free vaccine?

- 65 years and older
- People specific with long-term health conditions (e.g., diabetes, asthma, COPD)
- Those with reduced immunity
- Pregnant individuals
- People with specific mental health conditions
- Children 4 and under with a history of respiratory hospitalization

You can check to see if you are eligible here.

Don't meet the criteria for a free vaccine? No problem! Protect your health for just \$27.00.

Why choose us?

- Convenient walk-in service or easy online booking via our patient portal
- Experienced healthcare professionals
- Familiar and comfortable environment

How to get your vaccine:

- Simply walk in Monday to Friday 9am to 4pm as well as Saturday 5th and 12th April from 9am -12pm at Highland Park Medical. Marina Medical patients can visit Highland Park Medical on Saturdays too.
- Use our patient portal to book your Vaccine choose reason for contact as Flu Vaccine then book with the Nurse, choose your preferred clinic and the time.

Act now! Appointments are available from 1 April 2025.

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