# Welcome Bhakti Patel: A New Chapter at Highland Park Medical

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At Highland Park Medical, we are committed to delivering high-quality healthcare, and that starts with our dedicated team. We're thrilled to introduce Bhakti Patel, a passionate and skilled doctor who has recently joined our clinic. With a strong medical background and a keen interest in mental health and women's health, Bhakti is eager to make a meaningful impact in supporting our community with their health and wellbeing needs.

### A Journey in Medicine

Bhakti's medical journey began in Fiji, where she completed her medical degree. Seeking new opportunities, she moved to New Zealand and spent a year in Whanganui before relocating to Auckland, where she began her GP training last year. Her diverse experiences across different regions have given her valuable insights into patient care and community health needs.

## Passion for Mental Health & Women’s Health

Bhakti has a strong interest in mental health, believing that as a society, we can do more to address and improve mental well-being. She enjoys learning about new approaches to mental healthcare and is passionate about making a difference in this space.She has also developed a newfound interest in women’s health and is keen to expand her knowledge in this area. In particular, she is excited to gain more experience with procedures related to long-acting reversible contraception (LARC) and provide valuable support to women in the community.

## Connecting with the Highland Park Community

Being local to Highland Park, Bhakti is excited to serve the community she calls home. She looks forward to working alongside the fantastic team at Highland Park Medical and is eager to hit the ground running, supporting patients with compassionate and comprehensive care.

## Beyond Medicine

Outside of work, Bhakti enjoys the outdoors, particularly walking and hiking. She has set herself the ambitious goal of completing all of New Zealand's Great Walks - having already conquered the Tongariro Crossing, Abel Tasman Coast Track, and Lake Waikaremoana Track.

She is also multilingual, speaking English, Hindi, and Gujarati, allowing her to walk alongside a diverse range of patients.

We are excited to welcome Bhakti Patel to Highland Park Medical and can't wait for our patients to meet her. Enrol online now via our online enrolment form!

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